

*The 3rd Annual*  
***Running for World Water***  
***5K Fun Run and Walk***

*with proceeds to benefit*



**Saturday, August 29, 2009 - 9:00am**  
**Downtown Indianapolis @ the American College of Sports Medicine**

**Presented by:**



**Water For People** is an international nonprofit organization committed to the long-term impact of increased access to safe drinking water and improved sanitation and health. Water For People helps people in developing countries improve their quality of life by supporting the development of locally sustainable drinking water resources, sanitation facilities and health and hygiene education programs.

**Water For People's Guiding Principles**

- **We believe in people.** We believe in the dignity of all people and that access to safe drinking water and effective sanitation are basic human rights.
- **We keep it local.** We believe that drinking water, sanitation and hygiene problems are most effectively solved using local resources. Local communities must be the driving force in all of our programs to make sure solutions are sustainable.
- **We keep good company.** We believe in the power of partnerships. We search out trusted partners who share our vision and work together to build long-term relationships based on trust.
- **We keep our promises.** We believe we owe it to the communities we serve, our volunteers, staff and donors to keep our promises and manage our resources effectively and efficiently.

**Water For People assists in Bolivia, Guatemala, Honduras, Malawi, India, Ecuador, Nicaragua, Rwanda, Uganda, and the Dominican Republic.**

**[www.waterforpeople.org](http://www.waterforpeople.org)**





The 3rd Annual  
**Running for World Water**  
**5K Run and Walk**  
 August 29, 2009  
*Proceeds to benefit Water for People*

Presented by:



REGISTRATION DEADLINE DATES	
Mail Registration Deadline	August 22nd
Online Registration Deadline	August 27th
RACE DAY SCHEDULE - Saturday August 29th	
Packet Pick-Up and Registration on Race Day	7:00am to 8:30am
Start of 5k Run & Walk <i>(this will be a timed event)</i>	9:00am
Awards Ceremony at the American College of Sports Medicine	10:00am

**REGISTRATION INFORMATION**

*(Children 12 and under are free)*

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Email Address \_\_\_\_\_  
 \_\_\_\_\_  
 Corporate Challenge Team \_\_\_\_\_  
 Street Address \_\_\_\_\_ Sex: Male  Female   
 \_\_\_\_\_  
 Age on Race Day: \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Select Shirt Size\* (circle): S M L XL  
 \_\_\_\_\_  
 \*shirt sizes are not guaranteed  
 Day Telephone Number \_\_\_\_\_ Evening Telephone Number \_\_\_\_\_  
 \_\_\_\_\_  
**Entry Fee:**  
 \$20 registration by August 27th  
 \$25 registration on August 29th

Payment Method:  Check (payable to Indiana Section AWWA)  Visa  MasterCard  Cash (race day registration only)  
 Credit Card No. \_\_\_\_\_ Exp Date \_\_\_\_\_ Name on Card \_\_\_\_\_

Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

**Waiver and Release: Must be signed to participate:**  
 I have read the accompanying event information and understand the policies of the event. I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I also know that while police protection will be provided, there may be traffic on the course. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE Standing O Promotions, LLC., Indiana Water Environment Association, Indiana Section of American Water Works Association, Water for People, American College of Sports Medicine, race officials, workers or volunteers, their representatives, successors or assigns for ANY AND ALL claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsor(s), organizers, and/or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.  
 Name \_\_\_\_\_ Date \_\_\_\_\_  
*signature of parent/guardian if entrant is under 18*  
 I understand and agree to the terms contained in the disclaimer above.  
 Yes \_\_\_\_\_ No \_\_\_\_\_

**Register Online:**  
[www.standingopromotions.com/html/water5k.html](http://www.standingopromotions.com/html/water5k.html)  
**Register by Mail to:**  
 Standing O Promotions, LLC  
 6919 Caribou Drive  
 Indianapolis, IN 46278  
**For More Information:**  
 todd@standingopromotions.com  
**317-407-8489**